

2023-2024



***Fullerton Girls Soccer
Season Guide***

athlete: Briselda Tellez

ONE PROGRAM • ONE CULTURE

Providing the student athlete a safe, enjoyable, structured, competitive training and playing environment. Success in competition, while promoting a positive, inclusive team culture that embodies the FUHS School values. Welcoming players of all levels.

Our Culture is made up of the values, beliefs, behaviors, and attitudes shared by the Program. Everyone works in tandem towards a common goal and how they treat each other. Celebrating success, and rejecting negativities. Being mindful of others, practicing inclusion while avoiding exclusivity. Knowing winning and losing doesn't define a player, it's their character through the process that will impact their lives much more than results in a game.

Every player is important, all levels will be built for success with dedicated coaches and a structured training curriculum. Balanced in success on and off the field, I encourage the players to challenge themselves in academics and athletics.

Our parents are our second biggest asset after our players. You lend us the most valuable thing in your life and contribute greatly to the success of FUHS Girls Soccer.



FUHS Girls Soccer



**ONE PROGRAM
ONE CULTURE**



FULLERTON

Girls Soccer 2023-2024

Junior Varsity

Ruby Allan
Abby Amacio
Lauren Barrett
Makenna Francisco
Maddy French
Gabriella Garcia
Brianna Gaytan
Hilary Hernandez
Lindsay Herrera
Hazel Kirby
Giselle Rodriguez Lopez

Leanne Luna
Fernanda Macias
Mya Monroe
Melina Ramos
Alondra Reyes
Ava Rios
Athena Rodriguez
Kamryn Valenzuela - Cap
Arianna Velasquez - Cap
Vinny - Suarez Villalvazo
Olivia Yturriaga - Cap

JV Manager
Kathryn Fitzgerald

Head Coach
Joe Martinez



FULLERTON Varsity

Girls Soccer 2023-2024

Georgina Arevalo

Riley Bernal

Amber Boland

McKenna Buz'Zard - Captain

Madeline Capp

Carrillo-Dominguez, Giselle

Chelsy Chavira

Makayla Felismino

Janelle Flores - Captain

Allison Guadarrama

Marley Keller

Ella Kirby

Amaya Moreno

Kamryn Myers

Matia Ornelas

Alyнна Ortiz

Natalie Peña

Amy Ramos

Aimee Reger.

Stevee Reger

Leah Rodriguez - Captain

Shelia Ruiz

Isabella Sanchez

Madison Sibal

Emily Stephenson

Briselda Tellez

Ava Torres

Ava Vazquez



Varsity Manager's
Antonieta Flores • Sabina Arroyo

Assistant Coaches
Victoria Carter • Larry Draluck
Head Coach
George Maisterra

Team behind the Team

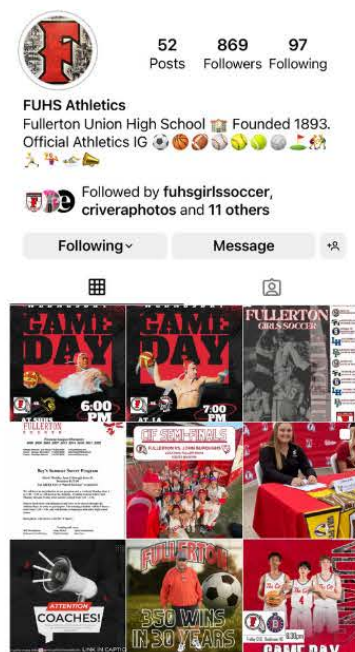
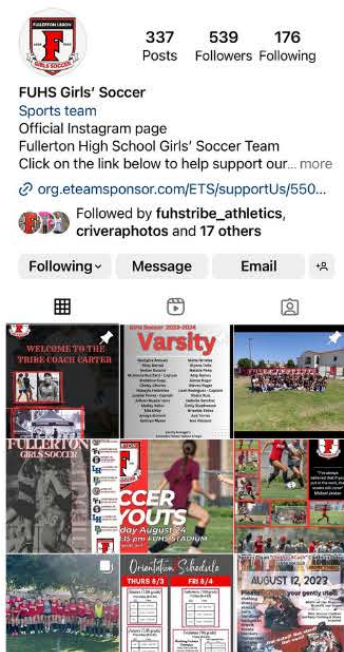


Booster Club Board: Nicole Bonuso, President | Kristin Stang, Vice President | Lydia Palacios, Treasurer | Julie Buz'zard, Secretary | Janelle Trevino, Social media | Erin Vazquez, Member at Large | Samantha Rodriguez, Member at Large



Athletic Director: Joe Olivas

Support the Social





Coaching Staff



Joe Martinez • Head Coach Junior Varsity

Coach Joe comes to Fullerton Union with decades of playing and coaching experience. Recently, Coach Martinez has been a key figure at AYSO Region 85 Lake Forest as a Head Coach for Boys and Girls U12 | U14 | U16, Core and Extra Programs. In addition, Coach possesses an Advanced U19 and USSF Coaching license. Coach can be found on the pitch in his spare time, participating with his team in WCASL.



Victoria Carter • Varsity Assistant

Coach Victoria Carter is entering her 10th year in high level coaching, holding a USSF National D License, Coach Carter has held positions at FC Premier, and LA Galaxy. A four-year Varsity player at La Mirada HS earning All League and All CIF honors, Carter played her Club Soccer at Cypress Elite for Coach Dave Sabet, another player who played at Cypress Elite for Coach Sabet... Alex Morgan! Coach Carter took her game to Cerritos College where she was a successful attacker during her college career. Carter is a Staff Coach / Trainer at SC Blues Soccer Club. Coach Carter has previously held positions at Bishop Amat HS Girls Soccer and Pioneer HS Girls Soccer.



Larry Draluck • Varsity Assistant / GKer Specialist

Larry Draluck is a Nationally Licensed USSF "A" Level Coach. He began his college soccer career when he accepted a four-year scholarship to attend CSU Los Angeles where he earned his Bachelor's Degree in Physical Education. During his senior year, Larry was named Most Valuable Player on a team that went to the NCAA Championship game and was ranked #1 in the nation. After his college playing career, Larry went on to play professional soccer for UAG in Guadalajara, Mexico; then returned to the United States and finished his playing career by being selected to The United States National Maccabiah team that competed in Tel Aviv, Israel, 1985. A former Division I Head Coach for both Men's and Women's soccer, Larry began his youth coaching career in 1984 when he started the first girl's team at South Pasadena High School. Over the last 19 years, he has remained heavily involved in all levels of youth and club soccer having led teams to several state championships. Larry has also been a part of Cal South's Olympic Development Program since the program's early days in 1984; his former and current players fill rosters of State, Regional, National, College, as well as Professional Teams.



George Maisterra • Head Coach Varsity

Growing up, the beautiful game was embedded in George's upbringing as both his parents have deep roots in soccer. Coach played his Club Soccer for West Orange County United, then for Louie Balboa at Cerritos Tigers. After a successful High School career at Los Alamitos HS, he spent two years at OCC before suffering a career ending knee injury. George quickly became a source for top athletes to seek private training and by his 30's, Coach transitioned to coaching Club. Coach currently holds a USSF National C License. In over 20 years of Club coaching, George has held Head Coaching positions at Fullerton Rangers, So Cal Infinity, Strikers FC, Slammers FC, FC Golden State, and LA Galaxy. George is currently a Staff Coach at SC Blues Soccer Club where he coaches the 2010, 2009, and 2008 age groups. At the high school level, Coach George was at Saint John Bosco HS for 8 years, and then Pioneer HS as Girls Varsity Coach. George has lived in Fullerton with his family for over 20 years. In his spare time, Coach enjoys playing golf and cooking.

Schedule

PreSeason



Matches

- November 14 @ Jordan HS (LB)
- November 20 @ Wilson HS (HH)
- November 27 @ Pacifica HS (GG)
- November 28 @ Brea Linda HS
- November 30 vs Cypress HS
- December 7 vs El Rancho HS

Tournaments



Saturday 12/9 & Saturday 12/16

2023
MAYFAIR HIGH SCHOOL



Sal Marroquin
Memorial
December 1-2&4

BATTLE OF THE HEIGHTS

HACIENDA INVITATIONAL

WILSON LOS ALTOS ROWLAND WHITTIER
WEST COVINA WHITTIER CHRISTIAN FULLERTON MUIR

DECEMBER 27, 28, 29

\$1,200 (FOR VAR AND JV)
\$700 (FOR ONE TEAM)

GLEN A. WILSON HIGH SCHOOL
16455 WEDGEWORTH DR
HACIENDA HEIGHTS, CA 91745



FULLERTON GIRLS SOCCER

CHEDULE

2023 • 2024 FREEWAY LEAGUE



TROY HS
DECEMBER 12, 2023



at SUNNY HILLS HS
DECEMBER 15, 2023



SONORA HS
JAUARY 9, 2024
KICK CANCER



at LA HABRA HS
JAUARY 12, 2024



at BUENA PARK HS
JAUARY 16, 2024



at TROY HS
JAUARY 19, 2024



SUNNY HILLS HS
JAUARY 23, 2024



at SONORA HS
JAUARY 26, 2024



LA HABRA HS
JAUARY 29, 2024



BUENA PARK HS
JAUARY 31, 2024

Senior Night



Extended Training
 Mon, Tues, & Fri.
 Starts 10/16

OCTOBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 2:30-3:30	3 2:30-3:30	4 2:30-3:30	5 2:30-3:30	6 2:30-3:30	7
8	9 2:30-3:30	10 2:30-3:30	11 2:12-3:30 Student Support	12 1:42-2:30 Early Release	13 2:30-3:30	14
15	16 2:30-4:30 Extended Training	17 2:30-4:30 Extended Training	18 2:30-3:30	19 2:30-3:30	20 2:30-4:30 Extended Training	21
22	23 2:30-4:30 Extended Training	24 2:30-4:30 Extended Training	25 2:12-3:30 Student Support	26 1:42-2:30 Early Release	27 2:30-4:30 Extended Training	28
29	30 2:30-4:30 Extended Training	31 OFF No Training				

NOVEMBER 2023



SUN	MON	TUE	WED	THU	FRI	SAT
			1 9:00-11:00 Non-student day	2 2:30-4:30	3 2:30-4:00	4
5	6 2:30-4:30	7 Election Day 2:30-4:30	8 2:30-4:30	9 1:42-4:00 EarlyRelease	10 'Veterans Day' day off 9:00-11:00	11 Veterans Day
12	13 2:30-4:30	14 Preseason @ Jordan HS	15 2:30-4:30	16 1:42-4:00 EarlyRelease	17 2:30-4:30	18
19	20 Preseason @ Wilson HS	21 9:00-11:00	22 9:00-11:00	23 Thanksgiving Day	24 Black Friday No Training Surf Cup/ Silverlakes	25
26	27 <i>Club soccer break begins</i> Preseason @ Pacifica HS	28 Preseason @ Brea HS	29 2:30 - 5:00	30 Preseason @ Cypress HS	November 20-24 no class	

DECEMBER 2023



SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	1 Mayfair Tournament	2 Mayfair Tournament
3	4 Mayfair Tournament	5 Training 2:32-5:00	6 Training 2:32-5:00	7 vs El Rancho	8 Training 1:42-5:00 Early Release	9 Best of the West
10	11	12 LEAGUE vs THS	13 Training 2:32-5:00	14 Training 2:32-5:00	15 LEAGUE at SHHS	16 Best of the West
17	18	19 Training 6:30 pm - 8:30 pm	20 Training 6:30 pm - 8:30 pm	21 Training 6:30 pm - 8:30 pm	22 Training 10:00-Noon	23 Training 10:00-Noon
24	25 9:00am- 11:00am	26 9:00am- 11:00am	27 Battle of the Heights	28 Battle of the Heights	29 Battle of the Heights	30 OFF
31	1	2	3	4	5	6

*Kick Cancer
** Senior Night

JANUARY 2024



SUN	MON	TUE	WED	THU	FRI	SAT
	1 OFF	2 Training 10:00-12:00	3 Training 10:00-12:00	4 Training 10:00-12:00	5 Training 10:00-12:00	6
7	8 Training 2:32-5:00	9 LEAGUE VS SHS**	10 Training 2:32-5:00	11 Training 1:42-5:00	12 LEAGUE at LHHS	13
14	15 Training 2:32-5:00	16 LEAGUE at BPHS	17 Training 2:32-5:00	18 Training 2:32-5:00	19 LEAGUE at THS	20
21	22 Training 2:32-5:00	23 LEAGUE at SHHS	24 Training 2:32-5:00	25 Training 1:42-5:00	26 LEAGUE at SHS	27
28	29 LEAGUE at SHS	30 Training 2:32-5:00	31 LEAGUE VS BPHS**			

Training Times are subject to change

Training schedule
will be updated

2024 FEBRUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	
4	5 CIF-SS Prelim's (Wildcard)	6	7 CIF-SS Preliminaries	8	9 CIF-SS Preliminaries	10
11	12	13 CIF-SS Preliminaries	14	15	16 CIF-SS Preliminaries	17
18	19	20	21	22	23 CIF-SS FINALS	24
25	26	27 CIF Southern Regionals	28	29		



GoTribe